We can help if you think you are being discriminated against

If you think you are being discriminated against but aren't sure what to do, call us at the Victorian Equal Opportunity and Human Rights Commission. Whether it is because of your pregnancy, breastfeeding, sex, status as a parent or carer, seeking flexible work arrangements or returning to work after maternity leave, discrimination is against the law.

We run an informal resolution service that is fair, free and flexible – we can help.

Free resource!

Pregnancy and work: Know your rights and obligations

Available on our website humanrightscommission.vic.gov.au/knowyourrights

Know your rights

Enquiry line: 1300 292 153 or (03) 9032 3583 Email: enquiries@veohrc.vic.gov.au Web: humanrightscommission.vic.gov.au Follow us on Twitter @VEOHRC Find us at facebook.com/VEOHRC

Call 1300 292 153



Victorian Equal Opportunity & Human Rights Commission